

**SUGGESTED USE:** Adults, as a dietary supplement, take one (1) capsule daily with a meal.

**KEEP OUT OF REACH OF CHILDREN.**

**DO NOT USE IF SAFETY SEAL IS BROKEN.**

**IF YOU ARE NURSING, PREGNANT, HAVE A BLOOD COAGULATION OR OTHER MEDICAL CONDITION, OR ARE TAKING MEDICATION SUCH AS ANTICOAGULANTS CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.**

# DR. MERCOLA®

## VITAMINS A·D·K

**5,000 IU  
Vitamin A**

**5,000 IU  
Vitamin D<sub>3</sub>**

**180 mcg  
Vitamin K<sub>2</sub>**

Per Capsule

30 Capsules | Dietary Supplement

10439-v101



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### Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

	Amount Per Serving	% DV
Vitamin A (as Retinyl Palmitate)	1,500 mcg (5,000 IU)	167%
Vitamin D <sub>3</sub> (as Cholecalciferol)	125 mcg (5,000 IU)	625%
Vitamin K <sub>2</sub> [as Menaquinone-7 (MK-7, from Chickpea)] <sup>^</sup>	180 mcg	*

<sup>^</sup>Daily Value (DV) not established.

**OTHER INGREDIENTS:** Gum Acacia, Glycerol Monostearate, Capsule (Hydroxypropyl Methylcellulose), Microcrystalline Cellulose, Medium Chain Triglycerides, Organic Rice Extract, Organic Rice Hull, Ascorbyl Palmitate, Silicon Dioxide, Vitamin E, Rosemary (Leaf) Extract.

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place  
Cape Coral, FL 33991 USA (877) 985-2696

Providing quality products since 2001.

<sup>^</sup>MenaQ7® is a registered trademark of NattoPharma AS, Norway.

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FREE**