

SUGGESTED USE: Adults, as a dietary supplement, take one (1) capsule daily with a meal.

WARNING: IF YOU ARE TAKING ANTICOAGULANTS SUCH AS WARFARIN (COUMADIN®), DO NOT USE.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

DR. MERCOLA®

VITAMINS D₃ & K₂



**5,000 IU Vitamin D₃
180 mcg Vitamin K₂ (MK-7)**

Per Capsule

30 CAPSULES

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin D ₃ (as Cholecalciferol)	125 mcg (5,000 IU)	625%
Vitamin K ₂ [as Menaquinone-7 (MK-7, from Chickpea)] [^]	180 mcg	150%

OTHER INGREDIENTS: Rice Hull, Glycerol Monostearate, Capsule (Hydroxypropyl Methylcellulose), Maltodextrin, Modified Starch, Sucrose, Ascorbyl Palmitate, Rosemary (Leaf) Extract.

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696

Providing quality products since 2001.

[^]MenaQ7® is a registered trademark of NattoPharma, Norway.



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