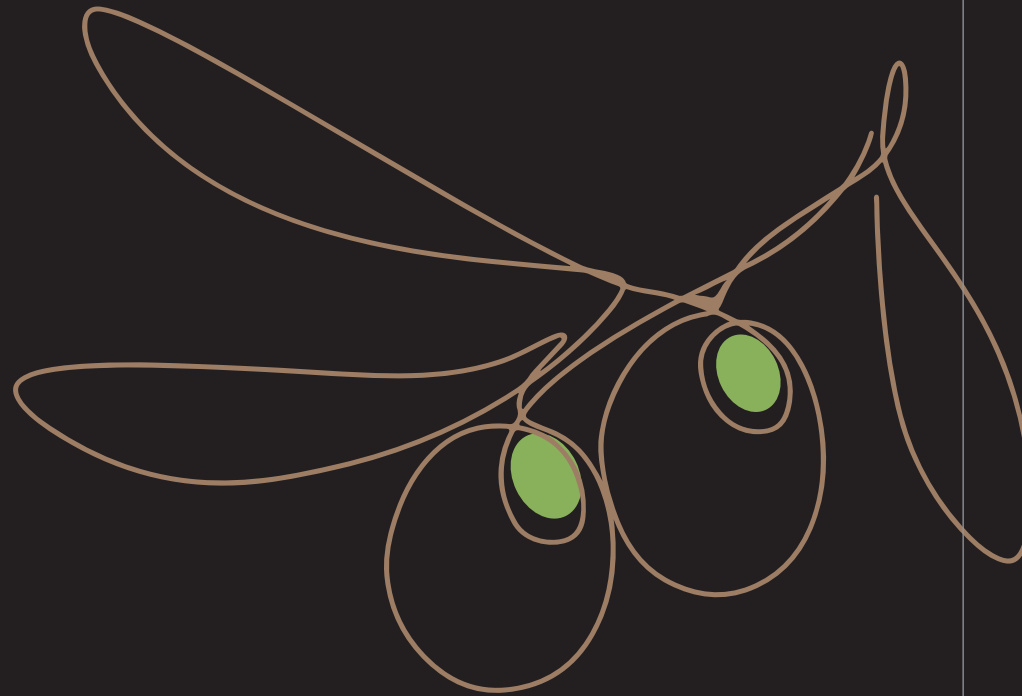




### WHY BIODYNAMIC®?

The world's oldest ecological certification, Demeter Certified Biodynamic® is the soil-first approach to farming that naturally draws carbon from the atmosphere and stores it into the ground, where it belongs, to create richer, more nutrient-dense farmlands and harvests for better food the way nature intended. Viewing the farm as a living organism that's self-sustaining, it follows the cycles of nature to create a diverse and balanced ecosystem, promoting the overall health of our crops and animals while also healing the planet.

Solspring® Biodynamic® Organic Extra Virgin Olive Oil is exclusively crafted from fresh Koroneiki olives grown on a Biodynamic farm in southern Greece. The olives are carefully handpicked and cold pressed within 24 hours of harvesting, resulting in a pristine, flavorful olive oil. The refuse from the olive trees then serves as a fertilizer for the orchard, creating a self-sustainable system and healthy soil for continued success in harvesting.



# EXTRA VIRGIN OLIVE OIL

COLD PRESSED | CRAFTED IN GREECE

BIODYNAMIC®

NET CONTENTS 101.44 FL. OZ. (3 QT, 5.44 FL. OZ.) 3 L



**SUGGESTED USE:** Use as a dressing for salads and other cold dishes. Solspring® Biodynamic® Organic Olive Oil is the perfect companion to Solspring® Biodynamic® Balsamic Vinegar.

### Nutrition Facts

About 200 servings per container  
Serving size 1 Tbsp (15 mL)

Amount per serving	
<b>Calories</b>	<b>120</b>
	% Daily Value
<b>Total Fat</b> 14g	<b>18%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Total Sugars 0g	
<b>Protein</b> 0g	

Not a significant source of cholesterol, dietary fiber, added sugars, vitamin D, calcium, iron, and potassium.

**INGREDIENTS:** BIODYNAMIC ORGANIC OLIVE OIL.

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place  
Cape Coral, FL 33991 USA (877) 985-2696

**CERTIFIED ORGANIC BY:** BIOHELLAS SA  
Product of Greece

SOY FREE | GLUTEN FREE

Best Before/Lot:

