

INGREDIENTS:

Peppermint
Leaf Oil.

Organic oil, steam
distilled from fresh
leaves.

DR. MERCOLA®

peppermint



Organic Essential Oil

NET CONTENTS 1 FL. OZ. (30 mL)

BENEFITS:

Revitalizing, invigorating
and cooling. Aroma is of
fresh, strong mint.

SUGGESTED USE:

For aromatherapy use. For
other uses dilute with an
organic carrier oil such as
jojoba, argan, or rose hip
seed oil prior to use. Dilute
1-4 drops of essential oil
per teaspoon of carrier oil.

CAUTIONS:

Essential oils are highly
concentrated and should
be used with care. **KEEP
OUT OF REACH OF
CHILDREN.** Avoid contact
with eyes. Discontinue use
if signs of irritation occur.
If nursing or pregnant,
consult your physician
prior to use.

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