

**Nutrition Facts** Serv. size: **1 bar (40g)**, Amount per

serving: **Calories 180**, **Total Fat** 11g (14% DV), **Sat. Fat** 3g (15% DV),  
*Trans Fat* 0g, **Cholest.** 0mg (0% DV), **Sodium** 20mg (1% DV), **Total Carb.** 22g  
(8% DV), **Fiber** 15g (54% DV), **Total Sugars** 1g (Incl. 0g Added Sugars, 0% DV),  
**Protein** 3g, **Vit. D** (0% DV), **Calcium** (2% DV), **Iron** (10% DV), **Potas.** (2% DV).

†Net carbs are the carbs left over after subtracting dietary fiber and sugar alcohols.

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DR. MERCOLA®

**MITOMIX™ KETO**



# BLUEBERRY PECAN

Supports a Ketogenic Diet with High Quality Fats

**11g FAT • 5g NET CARBS†**

NET WT. 1.41 OZ. (40 g)

*chocolate-coated nutrition bar*  
*natural blueberry flavor with other natural flavors*

**INGREDIENTS:** ISOMALTO-OLIGOSACCHARIDE (FROM CASSAVA ROOT)△, ALMOND BUTTER△ (DRY ROASTED ALMONDS△), WHOLE BLOND PSYLLIUM HUSKS△, DARK CHOCOLATE COATING△ [UNSWEETENED CHOCOLATE△, ISOMALTO-OLIGOSACCHARIDE (FROM CASSAVA ROOT)△, COCOA BUTTER△, SUNFLOWER LECITHIN△, VANILLA EXTRACT△, NATURAL FLAVORS△], PECANS△, COCONUT△, D-RIBOSE, ERYTHRITOL, HEMP SEEDS△, CHIA SEEDS△, BLUEBERRIES△, CACAO NIBS△, NATURAL FLAVORS, CAPRYLIC ACID (C8) MCT OIL, BLACK SESAME SEEDS△, COCONUT BUTTER△, BLACK CUMIN (NIGELLA SATIVA) SEEDS△, STEVIOL GLYCOSIDES (FROM STEVIA REBAUDIANA LEAF)△. △Organic Ingredients

**CONTAINS TREE NUTS (ALMOND, COCONUT, PECAN). MAY CONTAIN MILK.**

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place, Cape Coral, FL 33991 USA (877) 985-2696

