

DR. MERCOLA®

HEALTHY PET *essentials*

MEAL MIX

MULTIVITAMIN & MINERAL SUPPLEMENT MIX
for fresh, homemade meals



FORMULATED
FOR ADULT DOGS



pair with recipes at MEALMIXFORDOGS.COM
to create nutritionally balanced meals for adult dogs

30 - 0.26 OZ. (7.65 g) PACKETS
NET WT. 8.09 OZ. (229.5 g)



MEALMIXFORDOGS.COM

MEAL MIX

MULTIVITAMIN & MINERAL SUPPLEMENT MIX

Meal Mix Multivitamin & Mineral Supplement Mix for Adult Dogs takes the guesswork out of preparing nutritionally balanced, fresh homemade meals for your dog. Create customized and easy-to-follow whole food recipes at mealmixfordogs.com, each one complete and balanced; optimized for your dog's weight and activity level.

The interactive meal-building website mealmixfordogs.com is easy to use!

- First, enter your dog's information by indicating their weight and activity level.
- Next, choose from a large variety of meat or poultry options. Both cooked and raw preparation styles are included in the recipes.
- Then customize your recipe by selecting a meat option along with your choice of vegetables and starch, if you choose to include them in the recipe.


A list of recipes with your choices will generate. Each recipe includes directions on the appropriate amount of Meal Mix to add in order to create a nutritionally balanced meal, along with preparation instructions, feeding directions and nutritional profile.


Your pet is part of your family, and deserves high-quality food. With Meal Mix you can easily help provide your furry family member with high-quality and optimally balanced fresh homemade meals.





This recipe below will help you get started. For detailed instructions and more recipes customized for your dog's weight and activity level, go to MEALMIXFORDOGS.COM.

Sample Recipe yielding a 1 lb. 2 oz. Meat & Vegetable Meal

 12 oz. Meat or Poultry, weighed raw
(85-92% lean beef, chicken, venison, rabbit or turkey)

 6 oz. Vegetables (do not use onions)

 2 g Marine-Sourced Omega-3 Fatty Acids

 1 Packet of Meal Mix

1. In a mixing bowl, combine meat, either lightly cooked or served raw, finely chopped vegetables (cooked or raw), and a Meal Mix packet. If cooking meat, do not drain fat.
Note: Rotate types of meats and vegetables for optimal nutrition. If using beef or venison exclusively and not rotating with poultry, add 1 tsp. of either sunflower, safflower, or walnut oil to balance fats.
2. Mix well, then divide into appropriate daily portions for your dog and serve as indicated by the chart below. Add 2 g of marine-sourced omega-3 fatty acids just before serving.
3. Store remaining portions in the refrigerator up to 3 days, or in the freezer up to 2 weeks.

DOG SIZE (WEIGHT)	SERVING SIZE
Toy Breed Dogs (up to 14 lbs.)	6 oz. to 10 oz. per day
Small Breed Dogs (15-29 lbs.)	10 oz. to 1 lb. per day
Medium Breed Dogs (30-49 lbs.)	1 lb. to 1 lb. 10 oz. per day
Large Breed Dogs (50-79 lbs.)	1 lb. 10 oz. to 2 lbs. 6 oz. per day
Giant Breed Dogs (80-100 lbs.)	2 lbs. 6 oz. to 2 lbs. 14 oz. per day



FOR FRESH, HOMEMADE MEALS

These feeding directions are based on a moderately active dog. For additional feeding directions for a more or less active dog, recipe variations and more information please visit MEALMIXFORDOGS.COM.

Guaranteed Analysis per Packet (7.65 g):

(Values are minimum levels unless otherwise stated)

Crude Protein (Min): 4.5%	Chloride 8%	Vitamin D3 18,821 IU/kg
Tryptophan 0.6%	Magnesium 1%	Vitamin E 2,517 IU/kg
Crude Fat (Min): 0.5%	Iron 732 mg/kg	Thiamine 47 mg/kg
Crude Fiber (Max): 0.3%	Copper 246 mg/kg	Riboflavin 319 mg/kg
Moisture (Max) 0.4%	Manganese 162 mg/kg	Pantothenic Acid 115 mg/kg
Ash (Max): 80%	Zinc 3,134 mg/kg	Folic Acid 3.9 mg/kg
Calcium 22%	Iodine 57.5 mg/kg	Vitamin B12 0.784 mg/kg
Phosphorus 9%	Selenium 5.23 mg/kg	Choline 30,061 mg/kg
Potassium 8%	Vitamin A 198,525 IU/kg	

Calorie Content (Calculated): 700 kcal ME/kg, 5.3 kcal ME/Stick Pack

Ingredients: Tricalcium Phosphate, Potassium Chloride, Choline Bitartrate, Magnesium Carbonate, Calcium Carbonate, Zinc Amino Acid Chelate, L-Tryptophan, Selenium Yeast, Vitamin E Supplement, Ferrous Fumarate, Copper Gluconate, Vitamin A Supplement, Manganese Amino Acid Chelate, Potassium Iodide, Riboflavin Supplement, Cholecalciferol (Source of Vitamin D3), D-Calcium Pantothenate, Vitamin B12 Supplement, Thiamine Mononitrate, Folic Acid.

Meal Mix Multivitamin and Mineral Supplement Mix for Adult Dogs is intended to be used as directed in conjunction with the specified food ingredient combination provided in a mealmixfordogs.com recipe for the dog's correct weight and activity level. When used as directed in conjunction with the recipe, Meal Mix helps to create a complete and balanced meal for an adult dog. If Meal Mix packets are not used as directed in the recipe, then this product is suitable for intermittent or supplemental feeding only.

Feeding Directions: Select a recipe and prepare the meal as instructed at mealmixfordogs.com by combining Meal Mix Multivitamin and Mineral Supplement Mix for Adult Dogs packets with fresh food ingredients as specified in the recipe. Feed as directed according to the recipe. Do not use Meal Mix with other pet foods or without the complete recipe as some nutrients may exceed AAFCO safe upper limits. Do not use more or less packets than instructed per recipe, as nutrient excesses or deficiencies may occur. Meal Mix does not create nutritionally balanced meals with seafood or fish. Do not use Meal Mix packets without combining with food. **Caution:** Follow label and recipe directions closely. The addition to feed of higher levels of this premix containing selenium is not permitted. Per AAFCO requirements.

Distributed by: NHP
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Retain outer carton for complete product information.