

INGREDIENTS:

Organic *Cymbopogon flexuosus* (Lemongrass)
Leaf Oil

Organic oil, steam distilled
from fresh leaves.

DR. MERCOLA®

lemongrass



Organic
Essential Oil

NET CONTENTS 1 FL. OZ. (30 mL)

BENEFITS:

Calming, soothing and
relaxing. Aroma is citrusy
and slightly grassy.

SUGGESTED USE:

For aromatherapy use. For
other uses dilute with an
organic carrier oil such as
jojoba, argan, or rose hip
seed oil prior to use. Dilute
1-4 drops of essential oil
per teaspoon of carrier oil.

CAUTIONS:

Essential oils are highly
concentrated and should
be used with care. **KEEP
OUT OF REACH OF
CHILDREN.** Avoid contact
with eyes. Discontinue use
if signs of irritation occur.
If nursing or pregnant,
consult your physician
prior to use.



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