

Nutrition Facts

15 servings per container

Serving size 1 scoop (20 g)

Amount per serving

Calories 50

% Daily Value*

Total Fat 12 g	15%
Saturated Fat 4.5 g	23%
<i>Trans</i> Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrate 4 g	1%
Dietary Fiber 3 g	11%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 0 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0 mg	0%
Potassium 0 mg	0%

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ORGANIC COCONUT MILK POWDER, MCT OIL (C8), TAPIOCA STARCH MODIFIED.

CONTAINS TREE NUTS (COCONUT).

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696

DR. MERCOLA®

MITOMIX

KETO CREAMER WITH COCONUT MILK

Dr. Mercola's Mitomix™ Keto Creamer provides a good source of high quality fat. Containing organic coconut milk and caprylic acid (C8) MCT oil, each serving of Mitomix Keto Creamer contains 12 grams of fat and only one gram of net carbs.

A perfect way to kick-start your ketogenic diet each day, Mitomix Keto Creamer can be mixed in with any hot or cold beverage, but is especially delicious with a cup of organic coffee to provide all-day energy to your body and brain. Mix a scoop into your coffee with a blender or blender bottle to create a creamy, frothy delight. Add in a scoop of Dr. Mercola's Mitomix Ketogenic Blend to create the ultimate ketogenic pick-me-up. Mitomix Keto Creamer comes in a shelf-stable, powder form for convenient on-the-go use. Also available separately in a dairy option with grass fed butter.

SUGGESTED USE: Mix one (1) scoop (20 g) with 8 oz. of desired hot or cold beverage.

DO NOT USE IF SAFETY SEAL IS TORN OR DAMAGED.

Dr. Mercola has been providing quality products since 2001.

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