

**SUGGESTED USE:** Adults, as a dietary supplement, dissolve one (1) tablet in 16 oz. (480 mL) of water and drink immediately. Do not swallow tablet directly.

**KEEP OUT OF REACH OF CHILDREN.**

**DO NOT USE IF SAFETY SEAL IS BROKEN.**

**IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.**

Dr. Mercola has been providing quality products since 2001.

10292-v101



# DR. MERCOLA®

# H<sub>2</sub>

## MOLECULAR HYDROGEN

**Generates 8 ppm of Hydrogen  
Per Tablet†**

### Dietary Supplement

**30 Tablets**

## Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 30

	Amount Per Serving	%Daily Value
Magnesium	80 mg	19%

**OTHER INGREDIENTS:** Dextrose, Malic Acid, L-Tartaric Acid, Adipic Acid.

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place  
Cape Coral, FL 33991 USA (877) 985-2696

† Generates 8 ppm of hydrogen per tablet in 16 oz. (480 mL) of water measured immediately after tablet dissolves.