

# organic golden milk



a vegan organic spice blend  
with turmeric and ginger  
and other natural flavors

**solspring**<sup>TM</sup>

HERBAL SUPPLEMENT

NET WT. 2.64 OZ. (75 g)

## Supplement Facts

Serving Size: 1 tsp (2.5 g)  
Servings Per Container: 30

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	2 g	<1%*
Total Sugars	0 g	
Iron	0.9 mg	5%
Organic Golden Milk Blend	1.53 g	
Organic Fermented Turmeric Rhizome		**
Organic Cinnamon Bark		**
Organic Turmeric Root Extract		**
Curcuminoids	80 mg	**
Organic Ginger Rhizome		**
Organic Cardamom Seed		**
Organic Black Pepper Whole		**
Organic Tulsi Holy Basil ( <i>Ocimum sanctum</i> ) Leaf		**

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

**OTHER INGREDIENTS:** Coconut Milk Blend<sup>^</sup> (Coconut Milk<sup>^</sup>, Tapioca Maltodextrin<sup>^</sup>, Gum Acacia<sup>^</sup>), Natural Flavors<sup>^</sup>, Steviol Glycosides<sup>^</sup> (from *Stevia rebaudiana* Leaf<sup>^</sup>). <sup>^</sup>Certified Organic Ingredients

**CONTAINS: TREE NUTS (COCONUT)**

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place  
Cape Coral, FL 33991 USA (877) 985-2696

**CERTIFIED ORGANIC BY:** QAI

**SUGGESTED USE:** Adults, as a dietary supplement, mix one (1) tsp. (2.5 g) with 6 fl. oz. of hot water or milk.

**KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS TORN OR DAMAGED. IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.**

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

A warming blend of spices including ginger, fermented turmeric, cinnamon and cardamom, come together in a base of coconut milk to bring you the smooth and soothing Solspring Organic Golden Milk. Used in traditional Ayurvedic practices, golden milk helps promote balance and supports overall well-being<sup>†</sup>. Rich in antioxidants, Solspring Organic Golden Milk is perfect to drink in the morning to help awaken the senses or at nighttime to help aid in relaxation<sup>†</sup>. Solspring Organic Golden Milk is vegan and has zero grams of sugar per 2.5 gram serving, making it the perfect choice for your daily routine.

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