

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696

SUGGESTED USE: Adults, as a dietary
supplement, take one (1) capsule daily.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

**IF YOU ARE NURSING, PREGNANT, TAKING
MEDICATION OR HAVE A MEDICAL
CONDITION, CONSULT YOUR PHYSICIAN
BEFORE TAKING THIS PRODUCT.**

Providing quality products since 2001.

10372-v100



DR. MERCOLA®

ESSENTIAL MINERAL COMPLEX

30 CAPSULES

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Zinc (from Zinc Bisglycinate Chelate)	15 mg	136%
Selenium (from Selenium Yeast (<i>Candida utilis</i>))	150 mcg	272%
Copper (from Copper Bisglycinate Chelate)	1 mg	111%
Manganese (from Manganese Bisglycinate Chelate)	2 mg	87%
Chromium (from Chromium Nicotinate Glycinate Chelate)	500 mcg	1428%
Molybdenum (from Molybdenum Glycinate Chelate)	500 mcg	1111%
Boron (from Boron Amino Acid Chelate)	5 mg	*

*Daily Value not established.

OTHER INGREDIENTS: Capsule (Hydroxypropyl Methylcellulose),
Rice Hull, Gum Acacia, Rice Bran Extract, Sunflower Oil.