

Dr. Mercola's Premium Personal Care Collection features clean, botanical-based and scientifically designed formulas to help keep you looking and feeling your best.

For oil pulling, use one tablespoon of Organic Coconut Oil Oral Rinse per use. Swish vigorously in your mouth for up to 20 minutes, taking care to work the oil between your teeth and along the gums. Spit out the oil and rinse your mouth with water if desired. For best results, use daily. Do not swallow used Oral Rinse.

For a quick mouth cleansing, swish one tablespoon in your mouth for 10 seconds, spit out and rinse if desired.

For adults and children over 6 years of age.

SHAKE WELL BEFORE EACH USE.

# DR. MERCOLA®

## organic COCONUT OIL ORAL RINSE

WITH MEDIUM CHAIN TRIGLYCERIDES  
REFRESHING AND FLUORIDE-FREE



8.12 FL. OZ. (240 mL)

**INGREDIENTS:**  
Organic Coconut Oil, Organic MCT Oil.  
**Contains Tree Nuts (Coconut)**



**CAUTIONS:** KEEP OUT OF REACH OF CHILDREN.  
Discontinue use if signs of irritation occur.  
Avoid contact with eyes. If product gets into your eye, hold open and gently flush with water for several minutes.

DISTRIBUTED BY: NHP, 125 SW 3rd Place  
Cape Coral, FL 33991 USA (877) 985-2696

Certified Organic By: QCS

**MADE IN CANADA**

Formula # 57731-80Z / 84093832  
30174-v200

