

**SUGGESTED USE:** Adults, as a dietary supplement, take one (1) capsule daily with a meal.

**KEEP OUT OF REACH OF CHILDREN.**

**DO NOT USE IF SAFETY SEAL IS BROKEN.**

**IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.**



# DR. MERCOLA®

## BIOTHIN®

# BERBERINE WITH CHROMIUM

30 Capsules | Dietary Supplement

## Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

	Amount Per Serving	%DV
Niacin (from Chromium Polynicotinate)	2.4 mg	15%
Chromium (from Chromium Polynicotinate)	400 mcg	1143%
Berberine Phytosome Complex^ (from <i>Berberis aristata</i> Root Extract)	350 mg	*

\*Daily Value (DV) not established.

**OTHER INGREDIENTS:** Microcrystalline Cellulose, Capsule (Hydroxypropyl Methylcellulose), Pea Protein, Sunflower Lecithin, Grape Seed Extract, Silicon Dioxide, Hydroxypropyl Cellulose, Ascorbyl Palmitate.

^Berberine Phytosome Complex contains 28% Berberine.

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place  
Cape Coral, FL 33991 USA (877) 985-2696

Providing quality products since 2001.