

SUGGESTED USE: Adults, as a dietary supplement, shake before use, and take five (5) sprays daily. For best

results, refrigerate after opening.

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DO NOT SPRAY IN EYES.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

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DR. MERCOLA®

METHYL B₁₂ ENERGY BOOST

Natural Blackberry Flavor
with Other Natural Flavors

0.98 FL. OZ.
(29 mL)

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size: 5 Sprays (about 0.74 mL)
Servings Per Container: About 39

	Amount Per Serving	%Daily Value
Vitamin B12 (as Methylcobalamin)	1,000 mcg	41667%

OTHER INGREDIENTS: Water, Vegetable Glycerin, Natural Flavors, Citric Acid, Potassium Sorbate (to Maintain Freshness).

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696

Providing quality products since 2001.

For an energy boost[†]

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.