

DR. MERCOLA®

**METHYL  
B<sub>12</sub>  
ENERGY  
BOOST**



*Natural Blackberry Flavor  
with Other Natural Flavors*

**Dietary Supplement**

**NET CONTENTS 0.85 FL. OZ. (25 mL)**

## Supplement Facts

Serving Size: 6 Sprays (about 0.78 mL)  
Servings Per Container: About 32

	Amount Per Serving	%Daily Value
Vitamin B12 (as Methylcobalamin)	1,000 mcg	41667%

**OTHER INGREDIENTS:** Water, Vegetable Glycerin, Natural Flavors, Citric Acid, Potassium Sorbate (to Maintain Freshness).

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place  
Cape Coral, FL 33991 USA (877) 985-2696

**SUGGESTED USE:** Adults, as a dietary supplement, shake before use, and take six (6) sprays daily. For best results, refrigerate after opening. Before first use, break tab in front, push in child resistant lock and turn to right to unlock. Shake well and press actuator down 3 times to prime pump.

For an energy boost†

**DO NOT SPRAY IN EYES. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN. IF YOU ARE NURSING, PREGNANT, ARE TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.**

Dr. Mercola has been providing quality products since 2001.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Made in Canada 10048-4211  
Formula 57489-25ML / #6409832

