

BIODYNAMIC®



organic puttanesca

Italian pasta sauce

classic recipe with
olives, capers & garlic

solspring™

NET WT. 19.7 oz. (1 lb. 3.7 oz.) (560 g)

WHY BIODYNAMIC®?

Biodynamic® agriculture goes beyond Organic Standards by using holistic, regenerative farming practices to promote the health of the soil, crops and livestock. Biodynamic® farmers strive to create a diverse and balanced ecosystem within their farm to enhance the nutrition and quality of the food being grown with a heavy focus on sustainability.

Nutrition Facts

about 4.5 servings
per container

Serving size
1/2 cup (125 g)

Calories
per serving **70**

Amount/serving **% Daily Value***

Total Fat 6g **8%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 35mg **2%**

Vitamin D 0mcg 0% • Calcium 20mg 2% • Iron 0mg 0% • Potassium 450mg 10%

Amount/serving **% Daily Value***

Total Carbohydrate 7g **3%**

Dietary Fiber 2g **7%**

Total Sugars 4g

Includes 0g Added Sugars **0%**

Protein 2g

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: TOMATO**, BLACK OLIVE*, OLIVE OIL**, CAPER*, GARLIC**, BLACK PEPPER*.

**INGREDIENTS ARE ORGANIC AND BIODYNAMIC *INGREDIENTS ARE ORGANIC

DISTRIBUTED BY: NHP, 125 SW 3rd Place, Cape Coral, FL 33991 USA (877) 985-2696

CERTIFIED ORGANIC BY: CCPB SRL

The tomatoes selected for Solspring Organic Biodynamic® Pasta Sauces are grown in the Po Valley in Northern Italy. The climate and soil of this majestic region are ideal for growing top quality, nutritious vegetables. The farms place a heavy focus on soil health using holistic farming techniques such as green manure and crop rotation to produce vibrant, healthy produce. **REFRIGERATE AFTER OPENING.**



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