

SUGGESTED USE: Adults, as a dietary supplement, take two (2) capsules daily.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

Dr. Mercola has been providing quality products since 2001.

10075-v203



DR. MERCOLA[®]

MSM

METHYLSULFONYLMETHANE SULFUR COMPLEX

Dietary Supplement

60 Capsules

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	%DV
OptiMSM [®] (Methylsulfonylmethane)	1,000 mg	*
Trimethylglycine (TMG)	100 mg	*
R-Alpha Lipoic Acid (from Na-RALA Sodium R-Lipoate)	25 mg	*
Dr. Mercola's Sulfur Blend [Organic Broccoli (Whole Plant), Organic Garlic (Bulb), Organic Green Cabbage (Whole Plant), Organic Kale (Leaf)]	25 mg	*

*Daily Value (DV) not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Capsule (Hydroxypropyl Methylcellulose), Silicon Dioxide.

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696

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