

# solspring

## BIODYNAMIC®

ORGANIC

# HIMALAYAN WHITE



CERTIFIED  
BIODYNAMIC®



WHITE TEA | NATURALLY CAFFEINATED

LOOSE LEAF NET WT. 4 OZ. (113.3 g)

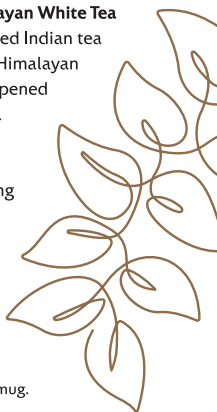
## WHY BIODYNAMIC®?

Demeter Certified Biodynamic® is the soil-first approach to farming that naturally draws carbon from the atmosphere and stores it into the ground, where it belongs, to create richer, more nutrient-dense farmlands and harvests for better food the way nature intended. This self-sustaining cycle also creates a diverse and balanced ecosystem, promoting the overall health of our crops, animals and planet.



### Solspring® Biodynamic® Organic Himalayan White Tea

is grown in third-generation, family-owned Indian tea gardens, located on the foothills of the Himalayan Mountains. Crafted only from fresh, unopened buds and the finest top leaves of the tea plant, this tea offers a crisp yet delicate floral flavor. Its modest, natural caffeine makes it ideal for enjoying in the morning or as a revitalizing afternoon beverage.



### FOR BEST BREWING:

1. Bring 1 cup of fresh water to a simmer.
2. Add 1 tsp. (1.5 g) of loose-leaf tea to a tea infuser, and place infuser over rim of mug.
3. Carefully pour water over tea leaves to fill mug.
4. Let steep for 4 to 5 minutes.
5. Remove tea infuser, and enjoy.

SOY FREE | GLUTEN FREE

**INGREDIENTS:** Biodynamic Organic White Tea Leaf.

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place  
Cape Coral, FL 33991 USA (877) 985-2696

**CERTIFIED ORGANIC BY:** Oregon Tilth

PRODUCT OF INDIA

BEST BY:

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