

solspring™

BIODYNAMIC®

# organic english breakfast

traditional black tea

a robust and full-bodied flavor

NATURALLY CAFFEINATED

18 Tea Bags

NET WT. 1.27 OZ. (36 g)



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Solspring Biodynamic Organic English Breakfast Tea is a blend of black teas grown and harvested from small Selimbong and Putharjhora tea gardens. These small, family owned tea gardens are situated along the foothills of the Himalayan Mountains surrounded by virgin evergreen forests rich with wildlife. Their Biodynamic farming methods protect the nearby waterways, ensuring care is taken to preserve the naturally abundant wildlife. They focus on harmony between nature and agriculture as well as ecological responsibility to bring you pure, high quality teas.

English Breakfast Tea uses traditional Indian Assam black tea leaves to create a hearty, full-bodied and robust tea. This tea naturally contains caffeine and is perfect to drink alone or in the traditional style with milk.



WHY BIODYNAMIC®?



Biodynamic® agriculture goes beyond Organic Standards by using holistic, regenerative farming practices to promote the health of the soil, crops and livestock. Biodynamic® farmers strive to create a diverse and balanced ecosystem within their farm to enhance the nutrition and quality of the food being grown with a heavy focus on sustainability.



### How to brew a great cup of Solspring Biodynamic Organic English Breakfast Tea:

- Place one (1) tea bag into tea mug.
- Pour just boiling water over tea bag to fully saturate and fill up mug.
- Steep for 4 to 6 minutes, carefully remove tea bag, and enjoy.



If brewing iced tea, brew the tea as instructed above, then allow to cool and serve over ice.

To make a pot of tea or a quart of iced tea, add four (4) tea bags instead of one.

INGREDIENTS: Biodynamic Organic Black Tea Leaf.

DISTRIBUTED BY: NHP, 125 SW 3rd Place  
Cape Coral, FL 33991 USA (877) 985-2696

CERTIFIED ORGANIC BY: Oregon Tilth

PRODUCT OF INDIA

