

Weekly Farmer's Markets Are Back at Mercola Market



Farmer's markets are held once a week in September and twice a week beginning in October

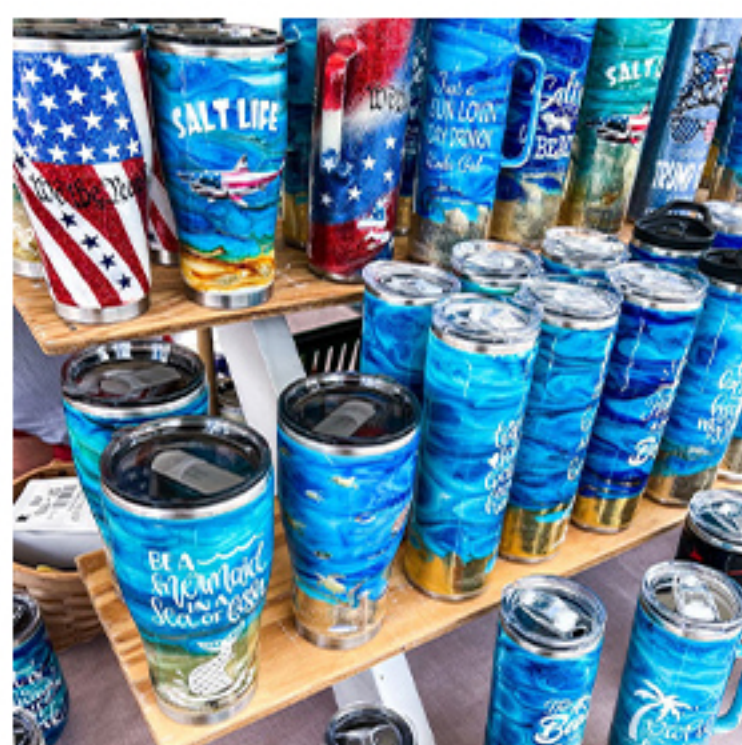
CAPE CORAL, Fla. (Sept. 15, 2022) – The first Mid-Cape Sunshine Farmer's Market lived up to its name on Tuesday, Sept. 13, when locals gathered to soak up the sun and shop small by supporting neighborhood artists, farmers and bakers as they displayed their creations across half of the Mercola campus, located at 125 SW 3rd Place in Cape Coral.

"We're excited to be working with the Chamber of Commerce of Cape Coral again this year to bring back a unique farmer's market where residents can support one another and appreciate what Cape Coral has to offer," says Patrick Rossi, Campus Operations Manager at Mercola.

This weekly event is coordinated by the Chamber of Commerce of Cape Coral in partnership with Mercola Market to liven up the city and promote a sense of community as we enter season. It's expected to be the second largest farmer's market in Cape Coral, with 60 to 70 vendors each week.

Mercola Market is also bringing back its Sunday Farmer's Market next month, starting Oct. 2, from 10 a.m. to 2 p.m. Southwest Florida residents can look forward to the following schedule for these events:

- Every Tuesday in September | 9 a.m. to 1 p.m.
- Every Tuesday, October through April | 10 a.m. to 4 p.m.
 - o Times will change during off season in May.
- Every Sunday, October through April | 10 a.m. to 2 p.m.



At the first Sunshine Farmer's Market, vendors sold organic produce, homemade bread, fresh salsa and guacamole, handmade jewelry and more. Each market will showcase a variety of goods, so even those who attend regularly will be excited by the assortment of offerings.

For more information about both events, visit capecoralfarmersmarket.com.

The Mercola Market of Cape Coral is a natural health retail store and café located in the center of the city at 125 SW 3rd Place. It exclusively offers Dr. Mercola® supplements and other premium products for your health, home, pantry and pet. Its Café offers one-of-a-kind biodynamic beverages, fit for the morning and the evening, and healthy food options for each meal of the day. The main campus serves as a hub for the community, hosting family-friendly events throughout the year, including yoga, trivia, food truck gatherings and comedy nights, while offering a 4,000-square-foot event space for local businesses and organizations to rent. The Mercola Market & Café is open Tuesday through Thursday from 7 a.m. to 6 p.m., Friday and Saturday from 9 a.m. to 6 p.m., and Sunday from 10 a.m. to 2 p.m. For more information or a complete list of upcoming events and updates, visit mercolamarketcc.com.