

# Mercola Market to Host Sign Up Event for Mid-Cape Gobble Wobble 5K



*Early registrations earn a savings and special gift*

**CAPE CORAL, Fla. (Oct. 26, 2021)** – Mercola Market & Café of Cape Coral invite Southwest Florida residents to sign up early for the upcoming Mid-Cape Gobble Wobble 5K during one of its Food Truck Friday events on Friday, Nov. 5 from 4 to 8 p.m.

Guests who take advantage of this sign-up opportunity will receive \$5 off their Gobble Wobble 5K registration fee while enjoying the food trucks at the bi-weekly event. The first 50 people to sign up early will also receive a special gift – must be a new registration to qualify.

The Gobble Wobble 5K will be held on Thanksgiving, Nov. 25 at 7:30 a.m. at the new Mercola Market, located at 125 SW 3rd Place. Registration for the race is \$35 per person and will include a Dri-Fit shirt if registered by Nov. 10. To register, visit [runsignup.com](https://runsignup.com), and search 'Mid-Cape Gobble Wobble' under 'Find a Race.' Registration cost will increase to \$40 on Nov. 11.

Runners and their families may continue the fun on Thanksgiving with music, gift basket raffles and 10% off all Market and Café items, including coffee and pastries. The Market will also be accepting non-perishable food and pet food donations to be given to local organizations after the event.

The Mercola Market & Café of Cape Coral is a new retail store that exclusively features natural health products for your health, home, pantry and pet. In addition, the Café offers a complete selection of biodynamic coffee and espresso beverages, hot and iced teas, and a variety of baked goods and fresh, healthy wraps from local vendors, including gluten-free and vegan options. The Market & Café is open Tuesday through Friday from 7 a.m. to 7 p.m., Saturday from 9 a.m. to 7 p.m., and Sunday from 9 a.m. to 5 p.m. For more information, visit [mercolamarketcc.com](https://mercolamarketcc.com).