

Mercola Market to Host Popular Disney Trivia Night Next Week



Perfect for a family adventure or date night, this event will feature magical prizes

CAPE CORAL, Fla. (Aug. 1, 2024) – Wave your wands and sprinkle some pixie dust, because Mercola Market’s monthly trivia night is diving into the enchanting world of Disney magic on Saturday, Aug. 10, from 4 to 6 p.m.

Always free to play, this unforgettable evening of family fun promises a Disney character costume contest, themed prizes and specialty Disney-themed drinks at just \$5 each. The drinks will include Minnie Mouse Red Wine, Princess Tiana Turnover Tea, Mike Wazowski Green Island Smoothie, a classic Woody Beer and Stitch Blue Horizon Smoothie.

Located at 125 SW 3rd Place, the Mercola Market & Solspring Café hosts a series of exciting gatherings throughout the year, including seasonal festivities and 5K races. Some of the upcoming events include:

- **Monthly Paint & Sip**

Wednesday, Aug. 14 | 6 to 8 p.m.

Hosted on the second Wednesday of every month, this event is \$30 to attend and includes paint supplies and a complementary drink.

- **Lee County Law Enforcement Running Scared 5K**

Saturday, Oct. 5 | 5 to 9:30 p.m.

Get ready for a spooky 5K color run that's fun for the whole family while benefiting the Special Olympics Unified Sports. Registration is \$35 per adult and \$25 for kids, 10 and younger.

- **Mid-Cape Fall Fest**

Saturday, Oct. 12 | 9 a.m. to 3 p.m

Celebrate the fall season with this free event offering a pumpkin patch, food trucks, live music, bounce houses and more family fun activities.

- **Fourth Annual Gobble Wobble 5K**

Thursday, Nov. 28 | 7 to 9:30 a.m.

Before you stuff your face, run this race! Registration for this annual 5K event is \$40 per adult and \$30 for kids, 10 and younger. We are also accepting donations for the Cape Caring Emergency Food Center.

The Mercola Market of Cape Coral is a natural health retail store located in the center of the city at 125 SW 3rd Place. It exclusively offers Dr. Mercola® supplements and other premium products for your health, home, pantry and pet. Its Solspring Café offers one-of-a-kind biodynamic beverages, fit for the morning and evening, and healthy food options for breakfast or lunch. The main campus serves as a hub for the community, hosting family-friendly events throughout the year, including trivia, seasonal festivals and pop-up markets, while offering a 4,000-square-foot event space for local businesses and organizations to rent. From April through October, The Mercola Market & Solspring Café are open Monday through Friday from 7 a.m. to 6 p.m., Saturdays from 9 a.m. to 6 p.m., and closed Sundays. For more information or a complete list of upcoming events and updates, visit mercolamarketcc.com.