

Mercola Market to Host Inaugural the Mid-Cape Gobble Wobble 5K on Thanksgiving



CAPE CORAL, Fla. (Oct. 7, 2021) – Mercola Market & Café of Cape Coral will host its first-ever Mid-Cape Gobble Wobble 5K on Thanksgiving, Nov. 25, from 7 to 11 a.m.

The timed run will begin at 7:30 a.m. at the new Mercola Market, located at 125 SW 3rd Place. Registration for the race is \$35 per person and will include a Dri-Fit shirt if registered by Nov. 10. To register, visit runsignup.com, and search 'Mid-Cape Gobble Wobble' under 'Find a Race.' Registration cost will increase to \$40 on Nov. 11.

Guests are encouraged to donate non-perishable food items or pet food in exchange for raffle tickets. All pet food will be donated to the Cape Coral Animal Shelter, and the non-perishable food donations will go to the Cape Coral Caring Center, a nonprofit agency that provides short-term assistance to the local community during temporary financial crises.

The Market invites runners and their families to continue the fun with music, gift basket raffles, and 10% off all Market and Café items, including coffee and pastries.

Event sponsorships are available from \$100, and the deadline to participate is Nov. 10. To become a sponsor or for more information about the event, call 239-599-9400.

The Mercola Market & Café of Cape Coral is a new retail store that exclusively features natural health products for your health, home, pantry and pet. In addition, the Café offers a complete selection of biodynamic coffee and espresso beverages, hot and iced teas, and a variety of baked goods and fresh, healthy wraps from local vendors, including gluten-free and vegan options. The Market & Café is open Tuesday through Sunday from 9 a.m. to 7 p.m. For more information, visit mercolamarketcc.com.