

Mercola Awarded 2017 Best of Supplements

Mercola's Berberine and MicroPQQ Advanced named 2017 Best of Supplements Award Winner from Better Nutrition Magazine

Hoffman Estates, IL, September 19, 2017 – There are countless nutritional supplements on the market today, and it can be tough to stand out amongst the competition. It can be even tougher to produce new products that can help people take control of their health.

However, Dr. Joseph Mercola, founder of Mercola.com, is on the leading edge of research and development when it comes to producing high quality health products. Once again, Mercola has received Better Nutrition Magazine's Best of Supplements Award, this time in 2017 for his **Berberine and MicroPQQ Advanced** product.

Better Nutrition's award winners are chosen from survey results collected from experts in the supplement industry, healthcare practitioners, health-food-store owners and their loyal magazine readers.

Dr. Mercola's latest groundbreaking research is in the area of mitochondrial health. Mitochondria are the cellular energy factories that contribute to one's overall well-being.

Dr. Mercola's Berberine and MicroPQQ Advanced now combines two mitochondrial supporting ingredients into one convenient dose. Berberine activates AMPK, an enzyme that plays a crucial role in regulating mitochondrial metabolism and has been shown to support normal blood sugar levels, heart and gut health.* PQQ activates **three** signaling pathways to optimize mitochondrial function and helps brain cells function more efficiently improving memory and cerebral function.*

"These are some fairly spectacular benefits," Mercola said, "and because of their powerful mitochondrial support functions, I've been taking PQQ and Berberine."

MicroPQQ is more than twice as effective and stays in your bloodstream three times longer than regular PQQ. Never before have these two powerful ingredients been combined into one formula. At Expo East in Baltimore this year, the predominant east coast trade show in the natural products industry, the introduction of Mercola's Berberine and MicroPQQ Advanced generated a tremendous degree of positive feedback and excitement.

About Dr. Mercola and Mercola.com:

Dr. Joseph Mercola is a physician and three-time *New York Times* best-selling author. He was voted the 2009 Ultimate Wellness Game Changer by the Huffington Post and has been featured in several national media outlets including Time magazine, LA Times, CNN, Fox News, ABC News, the Today Show, and The Dr. Oz Show. Dr. Mercola founded his website, Mercola.com, in 1997 and it has since become the world's #1 natural health resource site – with over one million subscribers to its natural health e-Newsletter. Dr. Mercola is the author of the groundbreaking new book **Fat for Fuel**.

*These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure, or prevent any disease.