

## Dr. Mercola Joins Natural Smiles of Tampa Bay as Medical Director



*Recent appointment strengthens holistic patient care with natural health solutions and advanced dental practices*

**CAPE CORAL, Fla. (Nov. 7, 2024)** – Physician and founder of Cape Coral-based natural health company Mercola, Dr. Mercola has been appointed new medical director of Natural Smiles, a leading holistic dental practice in Tampa Bay. Known globally for his work in natural health and wellness, he will collaborate with Dr. Carlo Litano, the founder and owner of Natural Smiles, to further enhance the practice’s commitment to holistic, patient-centered care.

With more than four decades of pioneering work in medicine, nutrition and wellness, Dr. Mercola is a prominent board-certified Doctor of Osteopathic Medicine (DO), best-selling author and the founder of [mercola.com](https://mercola.com). A renowned leader in integrative health, he is recognized for his groundbreaking approach to preventive care and dedication to advancing natural health, earning him global recognition as a trusted expert. Dr. Mercola’s expertise brings a new dimension to Natural Smiles, enhancing its comprehensive services to further optimize patient care. This collaboration reflects the practice’s commitment to blending cutting-edge dental care with holistic health principles.

“Dr. Mercola’s extensive background in integrative health is a tremendous asset to our practice,” says Dr. Litano. “His unique perspective will help us expand our offerings, providing patients with a level of care that goes beyond traditional dentistry to improve both their dental and overall health.”

Natural Smiles stands at the forefront of holistic dentistry, recognizing the deep connection between oral health and overall well-being. Unlike traditional practices, it emphasizes how dental care impacts the entire body. The practice uses non-toxic, biocompatible materials, avoiding harmful chemicals and ensuring safe, mercury-free dentistry. They also specialize in safe amalgam removal, using advanced protocols to protect patients from mercury exposure.

In addition to these foundational principles, Natural Smiles offers unique treatments like ceramic dental implants, a metal-free alternative that is biocompatible and more aligned with holistic philosophies. The practice also utilizes ozone therapy, a cutting-edge method that disinfects and promotes healing naturally, without harsh chemicals.

Under Dr. Mercola’s guidance, Natural Smiles will expand its focus on nutrition and lifestyle changes, integrating them into dental care to further support both oral and systemic health. By combining top-tier dental services with integrative health strategies, Natural Smiles is creating a holistic environment where treatments are aligned with the body’s natural healing processes.

This partnership establishes Natural Smiles as a premier destination for patients seeking dental care that not only addresses oral health but also contributes to their overall well-being.

Natural Smiles, owned by Dr. Carlo Litano, is a holistic dental practice located in St. Petersburg, Fla., that combines innovative dental care with a whole-body approach to health. The practice is committed to using non-toxic, biocompatible materials and advanced techniques to ensure optimal outcomes for both oral and overall wellness. The practice offers a full range of services, from preventive care to cosmetic dentistry, all with a focus on supporting the natural healing power of the body. For more information, please visit [natural-smiles.com](https://natural-smiles.com).

Celebrating 27 years of better health, Mercola is a legacy brand and multisided natural health company founded by board-certified Doctor of Osteopathic Medicine (DO) and *New York Times* best-selling author Dr. Mercola. It empowers people to take control of their health through research-proven, health-based information that’s offered in eight languages with 10 million page views worldwide, while also delivering the highest quality, biodynamic and organic supplements, foods and more for your health, home, pantry and pet through its online market. The company is headquartered in Cape Coral, Fla., where its flagship store, Mercola Market of Cape Coral, resides. The retail store showcases the brand’s premium products and offers a full-service, health-centered café, while also serving as a hub for the local community with family-friendly events throughout the year. For the most up-to-date health news and information, visit [mercola.com](https://mercola.com); to browse over 1,000 natural health products, visit [mercolamarket.com](https://mercolamarket.com); and to learn more about the local Mercola Market and its events, visit [mercolamarketcc.com](https://mercolamarketcc.com).