

DR. MERCOLA®
HEALTHY SKIN

SUNSCREEN

Broad Spectrum SPF 30

Dr. Mercola's Sunscreen ingredients protect, nourish, and moisturize your skin. Plus, its active sunscreen mineral helps provide protection from the sun's potentially skin-damaging UVA and UVB rays. Water resistant. Equally great for children over 6 months, too!

Drug Facts

Active Ingredient

Zinc Oxide (20%)

Purpose

Sunscreen

Uses

- helps prevent sunburn
- if used as directed with other sun protection measures (see **Directions**), sunscreen decreases the risk of skin cancer and early skin aging caused by the sun

Warnings

For external use only

Do not use • on damaged or broken skin

When using this product • keep out of eyes. Rinse with water to remove.

Stop use and ask a doctor if • rash occurs

Keep out of reach of children. If product is swallowed, get medical help or contact a Poison Control Center right away.

Directions

- apply liberally 15 minutes before sun exposure
- children under 6 months of age: Ask a doctor
- **Sun Protection Measures.** Spending time in the sun increases your risk of skin cancer and early skin aging. To decrease this risk, regularly use a sunscreen with a broad spectrum SPF value of 15 or higher and other sun protection measures including:
 - limit time in the sun, especially from 10 a.m.-2 p.m.
 - wear long-sleeve shirts, pants, hats, and sunglasses
- re-apply:
 - after 40 minutes of swimming or sweating
 - immediately after towel drying
 - at least every 2 hours

Other information

- protect the product in this container from excessive heat and direct sun

Inactive ingredients

Aloe barbadensis Leaf Juice, Water (Aqua), *Helianthus annuus* (Sunflower) Seed Oil, Lecithin, Cetearyl Alcohol, Cetearyl Glucoside, Cetearyl Oliviate, Sorbitan Oliviate, Glycerin, *Simmondsia chinensis* (Jojoba) Seed Oil, *Butyrospermum parkii* (Shea) Butter, *Camellia sinensis* Leaf Extract, *Cocos nucifera* (Coconut) Oil, Gluconolactone Potassium Sorbate, Xanthan Gum, *Punica granatum* Fruit Extract, Tocopherol, *Rubus idaeus* (Raspberry) Seed Oil, Astaxanthin, *Eucalyptus globulus* Leaf Oil

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