

Before eating or drinking, vigorously swish one (1) tbsp. of Organic Oil Pulling Rinse in your mouth for up to 20 minutes, being careful not to swallow. When finished, spit the oil into the trash to avoid clogging your sink, and rinse your mouth well with water if desired. This rinse is recommended for adults and children, 6 years old and older. Shake well before use.

INGREDIENTS: Organic Coconut Oil,
Organic MCT Oil.

CONTAINS TREE NUTS (COCONUT).

CAUTIONS: KEEP OUT OF REACH OF CHILDREN. Discontinue use if signs of irritation occur. Avoid contact with eyes. If product gets into your eye, hold open and gently flush with water for several minutes.

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696

CERTIFIED ORGANIC BY: QCS

30174-v202



oil pulling rinse

fluoride free

simply designed with
coconut & MCT oils for an
effective daily clean



8.12 FL. OZ. (240 mL)

made for you, from nature

A consistent blend of organic coconut and MCT oils, Ola Botanicals™ Organic Oil Pulling Rinse supports the overall health of your teeth and gums while naturally freshening your breath and brightening your smile. This organic rinse is gentle and free of fluoride, alcohol and parabens for a simple, effective clean every day.



FLUORIDE FREE | ALCOHOL FREE | PARABEN FREE