

**OTHER INGREDIENTS:** Water, Vegetable Glycerin, Xylitol, Natural Flavors, Citric Acid, Potassium Sorbate (to Maintain Freshness), Guar Gum, Organic Steviol Glycosides (from Organic *Stevia rebaudiana* Leaf).

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place  
Cape Coral, FL 33991 USA (877) 985-2696

**SUGGESTED USE:** Adults, as a dietary supplement, shake before use, and take five (5) sprays one (1) hour before bedtime as needed. For best results, refrigerate after opening.

For sleep support<sup>†</sup>

**DO NOT SPRAY IN EYES. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN. DO NOT USE BEFORE OR WHILE OPERATING A MOTOR VEHICLE OR HEAVY MACHINERY. IF YOU ARE NURSING, PREGNANT, HAVE AN AUTOIMMUNE OR DEPRESSIVE DISORDER, ARE TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.**

Providing quality products since 2001.

<sup>†</sup>This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# DR. MERCOLA®

## SLEEP SUPPORT

### 1.5 mg MELATONIN

per serving

Natural Raspberry Flavor  
with Other Natural Flavors

Dietary Supplement  
0.98 FL. OZ. (29 mL)

## Supplement Facts

Serving Size: 5 Sprays (about 0.83 mL)

Servings Per Container: About 35

	Amount Per Serving	%DV
Niacin (Vitamin B3) (as Nicotinic Acid)	1.5 mg	9%
Vitamin B6 (as Pyridoxine Hydrochloride)	3 mg	176%
Melatonin	1.5 mg	*
Dr. Mercola's Calming Blend	46.1 mg	*
Tart Cherry ( <i>Prunus cerasus</i> ) Fruit Concentrate		
Chamomile Flower Extract		
Jujube Seed Extract		
Dr. Mercola's Neuro Blend	33 mg	*
GABA (Gamma-Amino Butyric Acid)		
L-Theanine		
L-Tryptophan		
5-HTP (5-Hydroxytryptophan) (from <i>Griffonia simplicifolia</i> Seed Extract)		

\*Daily Value (DV) not established.