

# Mercola Helps Stimulate Senses With New Ultrasonic Aroma Diffuser

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CONTACT:  
Dana Gates  
Danag@mercola.com

*People can maximize their essential oil benefits with this affordable and efficient diffusing method*

**Hoffman Estates, IL (PRNEWswire) March 15, 2016** – The use of essential oils is getting more and more popular, and for good reason. Research shows high quality, organic essential oils can potentially support emotional and even physical health.

There are many ways to use essential oils, but the fastest way for people to receive optimal benefits is through their sense of smell or their olfactory system, by using a diffuser. For this reason, Mercola has added a top-quality diffuser to its line of premium products: the **Ultrasonic Aroma Diffuser**. This advanced diffuser can be used with Dr. Mercola's 100% pure, Organic Essential Oils.

The Ultrasonic Aroma Diffuser uses electronic frequencies to disperse oils from a small reservoir of water via a jet of air. The oil is then dispersed in a mist using the room's natural airflow. The particles of essential oils are small enough to be inhaled into the body and lungs for maximum potential therapeutic benefits.

Dr. Joseph Mercola, founder of Mercola, recommends the Ultrasonic Aroma Diffuser over other types of diffusers on the market. "This diffuser is quieter in its function, more affordable, and makes it easier for your lungs to absorb the essential oils, so you experience results," he said.

Made from attractive and sustainable ceramic and hand-cut bamboo, the European-designed diffuser also doubles as a humidifier, adding moisture into dry rooms. And it features programmable settings (1 to 3 hours depending on the length and intensity of the aroma preferred), an auto stop function, and a warm golden-tone light that can be used as a nightlight. The diffuser is easy to clean and can be operated using tap or filtered water.

Add 3 to 6 drops of **Dr. Mercola's Organic Essential Oils** to the Ultrasonic Aroma Diffuser to reap the full benefits of aromatherapy. The oils are available in eight different scents, depending on individual tastes and needs.

## **About Dr. Mercola and Mercola.com:**

Dr. Joseph Mercola is a physician and three-time *New York Times* best-selling author. He was voted the 2009 Ultimate Wellness Game Changer by the Huffington Post and has been featured in several national media outlets including *Time* magazine, *LA Times*, CNN, Fox News, ABC News, the Today Show, and The Dr. Oz Show. Dr. Mercola founded his website, Mercola.com, in 1997 and it has since become the world's #1 natural health resource site – with over one million subscribers to its natural health e-Newsletter.