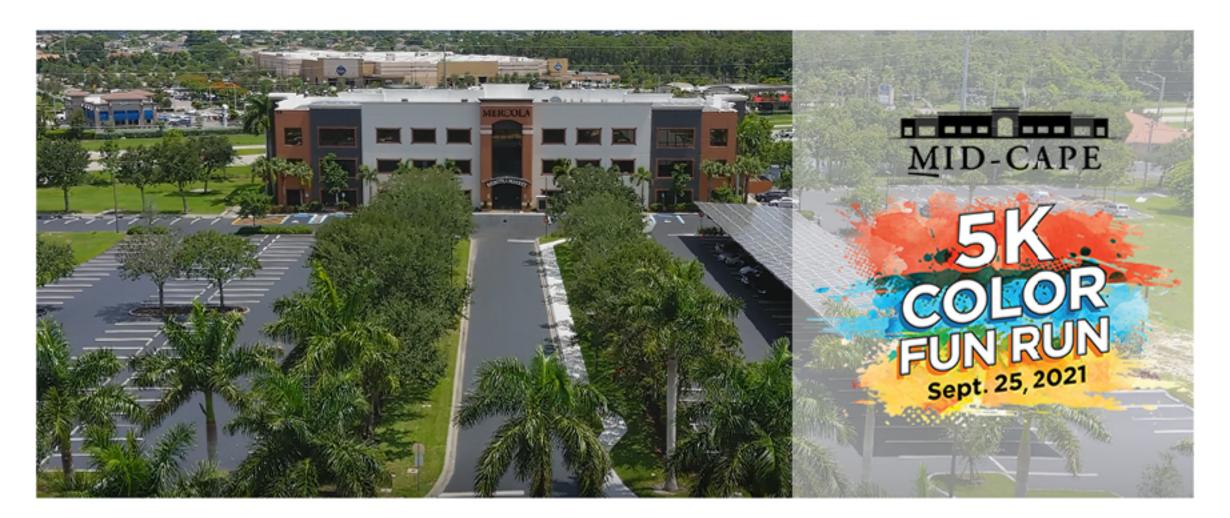# Mercola Market to Host Mid-Cape 5K Color Fun Run on Sept. 25

CAPE CORAL, Fla. (Aug. 23, 2021) – Mercola Market & Café of Cape Coral will host Mid-Cape 5K Color Fun Run on Saturday, Sept. 25, from 6 to 9 p.m.

The non-timed run will begin at 6:30 p.m. at the new Mercola Market, located at 125 SW 3rd Place, and go through the local area where runners pass different color stations at participating businesses. Registration for the run is $15 per adult and $10 for kids 14 and younger. To register, visit runsignup.com and search 'Mercola Market' under 'Find a Race.'

The Market invites runners and their families to continue the fun with music, raffles, beer and wine specials, and 10% off all Market and Café items. For more information about the event, call 239-599-9400.

Participating businesses include Wicked Dolphin Rum, ENG Crossfit, Sun Splash Family Waterpark, Cape Coral Animal Shelter and Team Doogie.

The Mercola Market & Café of Cape Coral is a new retail store that exclusively features Dr. Mercola branded products for your health, home, pantry and pet. In addition, the Café offers a complete selection of biodynamic coffee and espresso beverages, hot and iced teas, and a variety of baked goods from a local bakery, including gluten-free and vegan options. The Market & Café is open Tuesday through Sunday from 9 a.m. to 7 p.m.

Mercola.com is a natural health website dedicated to helping nearly ten million monthly readers worldwide take control of their health with research-proven nutritional, lifestyle and exercise principles. Using a holistic approach for optimal health and wellness, Dr. Mercola has been a trusted source of cutting-edge natural health information for more than two decades. Together with his team, they deliver the highest quality biodynamic and organic supplements and foods, personal care products and more for your health, home, pantry and pet through the Mercola Market online store and the new Mercola Market & Café of Cape Coral. For more information, visit mercolamarketcc.com.