

Mercola Introduces a Probiotic That's Easy to Swallow

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Mercola probiotics formula now available in Powder Packets for adults and kids

Hoffman Estates, IL (PRNEWSWIRE) May 10, 2016 – According to a Harris Interactive survey, at one time or another, an astonishing 40 percent of American adults have difficulty swallowing pills. To combat this issue, Mercola has expanded its probiotics line to include Probiotic Powder Packets for adults and even children.

The new **Probiotic Packets** feature the same high-quality “gut-friendly” bacteria strains as Mercola’s best-selling Complete Probiotics supplement. The pre-measured packets contain a delicious organic raspberry and fruit flavored powder that is easy to mix with juice or water.

The Probiotic Packets for adults feature 70 billion CFU for optimal gut health, whereas the **kid’s packets** feature 10 billion CFU—a dose that Dr. Joseph Mercola, founder of Mercola, believes to be ideal for children.

“A high-quality probiotic formula like my Probiotic Packets is essential to support digestive, immune, and overall health,” Mercola said. “Plus, it’s easy and convenient for kids and adults who don’t like swallowing pills.”

The many highly beneficial strains of good bacteria in Probiotic Packets are only able to provide immense benefits because they can survive the stomach’s harsh acid environment. Unlike other formulas, Mercola’s Probiotic Powder Packets feature select strains of beneficial bacteria that are acid and bile resistant for maximum survival and benefits.

The new Probiotic Packets also don’t require refrigeration, making them perfect for travel and taking on-the-go.

About Dr. Mercola and Mercola.com:

Dr. Joseph Mercola is a physician and three-time *New York Times* best-selling author. He was voted the 2009 Ultimate Wellness Game Changer by the Huffington Post and has been featured in several national media outlets including *Time* magazine, *LA Times*, CNN, Fox News, ABC News, the Today Show, and The Dr. Oz Show. Dr. Mercola founded his website, Mercola.com, in 1997 and it has since become the world’s #1 natural health resource site – with over one million subscribers to its natural health e-Newsletter.