

Mercola.com Adds Organic Essential Oils to Its Premium Product Line

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Mercola Offers New Ways People Can Grow Successful Gardens

Hoffman Estates, IL (PRWEB) September 30, 2015 –Essential oils are widely used to promote wellness and vitality. They are added to massage oils, diffused in people’s homes, and some are even added to food and beverages. But not all essential oils are created equal. Mercola.com has introduced a line of premium quality, Certified Organic Essential Oils for external and internal use.

Unlike some other oils, Dr. Mercola’s Organic Essential Oils are packaged in a state-of-the-art-facility, and undergo multiple tests to ensure utmost quality. Each essential oil is extracted using safe, gentle methods that preserve its potency, aroma, and effectiveness. All of the oils are also free of GMOs.

“Each of my organic essential oils has its own unique characteristics and overall wellness benefits,” said Dr. Joseph Mercola, founder of the world’s #1 natural health site. “For instance, lavender is soothing, relaxing, and great for a mood boost, while peppermint is invigorating and helps improve concentration.”

One of the most popular ways to enjoy essential oils is to release, or “diffuse” each unique aroma into the air. When using a diffuser, one essential oil can be relished at a time – or a mixture of different oils can be added to create blends that enhance mind, body, and spirit. Some oils are very therapeutic and healing, while others are uplifting, calming, and revitalizing.

Dr. Mercola’s pure, organic essential oils also have various uses in skincare. Many of the oils can be used for massages when added to a carrier oil – such as Argan oil, that “carries” the essential oils into the skin. They can also be added to personal care products such as lotions, shampoos, and body washes.

Certain Dr. Mercola Essential Oils, such as lemon, orange, peppermint, and rosemary, can be added to food and beverages to add flavor and depth – such as to a pitcher of lemonade, a mug of hot chocolate, or a savory vegetable dip.

Other essential oils have multiple practical uses in the garden and home, such as to repel insects, scent laundry without potentially toxic dryer “sheet” perfumes, and even to support oral health, by adding a few drops to a glass of water and using as a mouthwash. Not only does Dr. Mercola’s Organic Essential Oils have endless invaluable uses, they will stay potent and fresh for at least five years.

About Dr. Mercola:

Dr. Joseph Mercola is a *New York Times* best-selling author. He was voted the 2009 Ultimate Wellness Game Changer by the Huffington Post and has been featured in several national media outlets including *Time* magazine and the *LA Times*, CNN, Fox News, ABC News, the Today Show, and CBS’ Washington Unplugged.