

Grilling Season Isn't Complete Without 100% Grass Fed Beef

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Mercola.com introduces the summer's hottest healthy eats: Cuts of "lifetime grazed" 100% Grass Fed Beef

Hoffman Estates, IL (PRNEWswire) July 28, 2016 – Today, 95 percent of the red meat for sale in stores comes from mammoth confined animal feeding operations, or CAFOs. To provide shoppers with more humane, responsibly-raised and superior tasting meat, Mercola is introducing **Thousand Hills Lifetime Grazed 100% Grass Fed Beef**.

Operating in the Midwestern U.S. since 2004, Thousand Hills has been raising cattle holistically entirely on grassland – not just for a few months out of the year like with many other grass fed beef products.

All cattle are born, raised and harvested in the U.S., and are never given any antibiotics, artificial growth hormones, grains, or bioengineered ingredients. Due to this, each cut of 100% Grass Fed Beef is not only healthier than conventional meat, but delivers unbeatable taste.

“Choosing *lifetime grazed* 100% grass fed is your best assurance for the cleanest beef possible,” said Dr. Joseph Mercola, founder of Mercola. “Unfortunately, there is massive fraud and deception behind the grass fed label, so it’s extremely important to have this distinction.”

Thousand Hills Lifetime Grazed 100% Grass Fed Beef is the perfect protein for long summer days and nights – Fire up the grill when it’s too hot to use the oven and serve with fresh organic vegetables and seasonal fruit.

About Dr. Mercola and Mercola.com:

Dr. Joseph Mercola is a physician and three-time *New York Times* best-selling author. He was voted the 2009 Ultimate Wellness Game Changer by the Huffington Post and has been featured in several national media outlets including *Time* magazine, *LA Times*, CNN, Fox News, ABC News, the Today Show, and The Dr. Oz Show. Dr. Mercola founded his website, Mercola.com, in 1997 and it has since become the world’s #1 natural health resource site – with over one million subscribers to its natural health e-Newsletter.